



## Affirmation the 100 Most Powerful Affirmations for Mental Health 2 Amazing Affirmative Bonus Books Included for Brain Health Healthy Eating: Start with Self Talk, Make Every Day Amazing (Paperback)

By Jason Thomas

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Audio Version is Now Available with Audible! Exclusive Offer - Today Includes 2 Amazing Bonus Books: The 100 Most Powerful Affirmations for Brain Health The 100 Most Powerful Affirmations for Healthy Eating You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through positive affirmation. Because you can. You will be able to release all fear and doubt simply because you know that you can. Utilize this simple, proven technique to regain the lost comforts of joy, love, and fulfillment in your life. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you ll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms visualizes themselves completing the event flawlessly just before starting. Then they win...



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