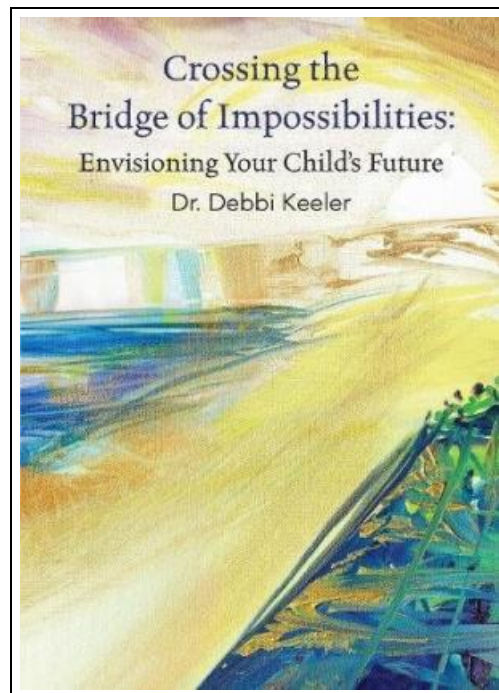


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Debra R Keeler, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. As a parent, one of your most important goals is helping your children to grow up healthy--not only physically, but also emotionally and socially. Kids who are socially and emotionally healthy develop behaviors that are essential to successful growth and achievement in life, work, and relationships. They can: Identify and manage their emotions effectively Develop a clear and positive identity Discover and develop their unique interests and skills Frame challenges and failures as opportunities Persevere through difficulty Overcome disappointment and maintain hope Take responsibility for their lives and growth Forgive and repair relationships Set healthy boundaries with others Engage in activities that bring them joy Crossing the Bridge of Impossibilities will help you as a parent meet these goals. This book addresses the 12 keys to social and emotional health for parents to develop in their children. Each key casts a vision for a specific area of development, identifies things to practice and things to avoid, and offers an extensive list of activities/resources for using the key effectively. Kids with high levels of emotional and social health can identify and manage their emotions effectively, persevere through difficulty, avoid many mental health and behavioral issues, create a foundation for learning, and develop strong meaningful relationships. The 12 keys include: Fostering Abilities, Overcoming Lack of Ability Affirming Positive Choices Discovering Identity Shaping Identity Roles Prepare for Significance Dreaming and Imagining Lock on to Purpose Impart Extreme Hope and Optimism Nurture Peace Carriers Uphold Honor Engage in Joy Training You Hold a Key to Unlock Your Child's Destiny.



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