

Creatures of a Day: And Other Tales of Psychotherapy

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Reviews

Extremely helpful for all group of men and women. it absolutely was writtern extremely perfectly and valuable. Your way of life span will be transform when you complete looking at this ebook. (Prof. Trever Torphy)

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CREATURES OF A DAY: AND OTHER TALES OF PSYCHOTHERAPY



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The Perseus Books Group. Paperback / softback. Condition: new. BRAND NEW, Creatures of a Day: And Other Tales of Psychotherapy, Irvin D Yalom, "All of us are creatures of a day, wrote Marcus Aurelius, rememberer and remembered alike. In his long-awaited new collection of stories, renowned psychiatrist Irvin D. Yalom describes his patients struggles as well as his own to come to terms with the two great challenges of existence: how to have a meaningful life, and how to reckon with its inevitable end. In these pages, we meet a nurse, angry and adrift in a morass of misery where she has lost a son to a world of drugs and crime, and yet who must comfort the more privileged through their own pain; a successful businessman who, in the wake of a suicide, despairs about the gaps and secrets that infect every relationship; a newly minted psychologist whose study of the human condition damages her treasured memories of a lost friend; and a man whose rejection of philosophy forces even Yalom himself into a crisis of confidence. Their names and stories will linger long after the book s last page is turned. Like "Love s Executioner," which established Yalom s preeminence as a storyteller illuminating the drama of existential therapy, "Creatures of a Day" is funny, earthy, and often shocking; it is a radically honest statement about the difficulties of human life, but also a celebration of some of the finest fruits love, family, friendship that life can bear. We are all creatures of a day. With Yalom as a guide, we can find in this book the means not just to make our own day bearable, but meaningful and perhaps even joyful.".

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