



The Purpose: Your Soul's Emotional Journey: Learning How to Experience Life Through a Different Lens

By Rick Lindal, Jim Bisakowski

Rick Lindal, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you feeling lost in life? Do your emotions sometimes overwhelm you? Do you wonder why bad things happen? Written for readers from diverse backgrounds, this book explores the purpose of our emotional journey through life from a psycho-soul perspective and helps us answer the question Why am I here? It is a handbook for surviving the inevitable ups and downs that we all must cope with as we experience the intense emotions of life. With therapeutic insights drawn from over 30 years experience as a clinical psychologist, and based on his own autobiographical journey, Dr. Lindal invites you to look at your life through a different lens. While in part a fictionalized story, the teachings he offers on self-exploration and understanding will help you understand the purpose of your existence. Dr. Lindal's teachings are woven into an easy-to-read story that follows the adventures of Rikki, whose soul sets off on a journey from the Spiritual Dimension into a lifetime on Earth. Born to parents in Iceland, Rikki's boyhood and early teenage years are woven...



[READ ONLINE](#)
[2.27 MB]

Reviews

This pdf is fantastic. This really is for all who statted there was not a worth looking at. Your lifestyle period is going to be convert the instant you complete looking over this pdf.

-- **Dr. Chaim Kub**

It in one of the best ebook. Yes, it is actually engage in, still an interesting and amazing literature. Its been developed in an exceedingly straightforward way in fact it is just following i finished reading through this book by which basically modified me, alter the way i really believe.

-- **Mr. Maynard Kessler PhD**