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Sadhu, Beware!: A New Approach to Renunciation

By Swami Kriyananda

Crystal Clarity, U.S., United States, 2006. Paperback. Book Condition: New. 198 x 129 mm. Language: English. Brand New Book. This is a fresh, contemporary re-imagining of the meaning and practice of renunciation. Sadhu, Beware! is the training manual for the Ananda monastic order, founded in India, with branches forming across the globe. This groundbreaking book is a complete reformulation of the archaic rules of the monasteries of yesteryear, updating them for the 21st century and beyond. Whether you are or would like to become a formal renunciate or are already married with a family, this book is certain to deepen your spiritual life. Topics covered include how to develop humility and transcend the ego, the advantages and disadvantages of formal renunciation, how to practice bramacharya, simplicity vs. poverty, how to deal with money, obedience vs. cooperation, developing right attitude, attunement with your spiritual teacher, and many more.



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