



## The Minimalist Mom: How to Simply Parent Your Baby

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By Rachel Jonat

Adams Media Corporation, United States, 2016. Paperback. Book Condition: New. 190 x 140 mm. Language: English . Brand New Book. The Minimalist Mom isn't a manual for your first year with your new baby. It also isn't a long list of unnecessary things to buy. It's an intentional guide to living with less and enjoying your brand-new life with baby more. By learning how to clear the things you don't need--expensive baby gear, piles of tiny clothes, a new SUV, an overscheduled calendar--you'll be able to simply and joyfully embrace the space, time, money, and peace they leave behind.



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