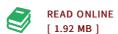




Good Housekeeping Easy To Make! Healthy Meals in Minutes: Over 100 Triple-Tested Recipes (Paperback)

By Good Housekeeping Institute

PAVILION BOOKS, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. It s a common misconception that healthy, wholesome meals are a time-consuming chore to prepare. This stunning compendium shows how easy it is to revolutionise your diet, with a host of tantalising recipes to ease you through the day - from delicious breakfasts like summer berry smoothie right through to nourishing suppers including lamb with butterbeans and spinach. Over 100 triple-tested recipes in a new full-colour cookery series, featuring the most popular recipes from the GH Institute Kitchens - tried, tested, trusted recipes that are guaranteed to work first time every time. Other titles in the Easy to Make! series: `Everyday Family Meals (9781843406464), `Cakes Bakes (9781843406419), `Soups (9781843406426), `Wok Stir Fry (9781843406433), Meat-Free Meals (9781843406440), One Pot (9781843406457), Pies, Pies, Pies (9781843406471), Puddings Desserts (9781843406488) and Roasts (9781843406501).



Reviews

This book will be worth purchasing. This is for anyone who statte that there had not been a worthy of looking at. Your daily life span will likely be convert when you total looking over this ebook.

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