



## Good Housekeeping Easy To Make! Healthy Meals in Minutes: Over 100 Triple-Tested Recipes (Paperback)

By Good Housekeeping Institute

PAVILION BOOKS, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. It s a common misconception that healthy, wholesome meals are a time-consuming chore to prepare. This stunning compendium shows how easy it is to revolutionise your diet, with a host of tantalising recipes to ease you through the day - from delicious breakfasts like summer berry smoothie right through to nourishing suppers including lamb with butterbeans and spinach. Over 100 triple-tested recipes in a new full-colour cookery series, featuring the most popular recipes from the GH Institute Kitchens - tried, tested, trusted recipes that are guaranteed to work first time every time. Other titles in the Easy to Make! series: `Everyday Family Meals (9781843406464), `Cakes Bakes (9781843406419), `Soups (9781843406426), `Wok Stir Fry (9781843406433), Meat-Free Meals (9781843406440), One Pot (9781843406457), Pies, Pies, Pies (9781843406471), Puddings Desserts (9781843406488) and Roasts (9781843406501).



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