



## Edible Gardening for the Midwest: Vegetables, Herbs, Fruits Seeds (Paperback)

By Colleen Vanderlinden, Alison Beck

Lone Pine Publishing International Inc., Barbados, 2009. Paperback. Condition: New. Language: English . Brand New Book. Food plants have their own ornamental value, adding harmony to existing landscapes without creating a separate vegetable garden. They also provide a fresh, healthy alternative to the tasteless and woody fruits and vegetables bred for long-distance transportation and shipped to our grocery stores from all over the world. In this book, we show how, with just a little effort, you can augment your landscape with edibles of every description in an environmentally sustainable manner: \* Veggie favorites: tomatoes, lettuce, carrots, beans and onions \* Berries: blueberries, raspberries, blackberries and strawberries \* The superhealthy: flax, broccoli, kale and garlic \* The oddly beautiful: Brussels sprouts, kohlrabi, asparagus and artichokes \* The ancient and exotic: quinoa, amaranth and fennel \* Plus starting, maintaining and harvesting an edible garden \* Propagation and winter care \* Solutions to common garden problems.



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