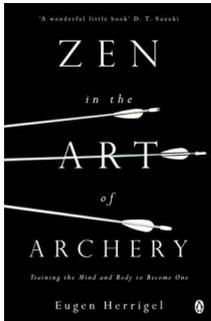


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ZEN IN THE ART OF ARCHERY: TRAINING THE MIND AND BODY TO BECOME ONE



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