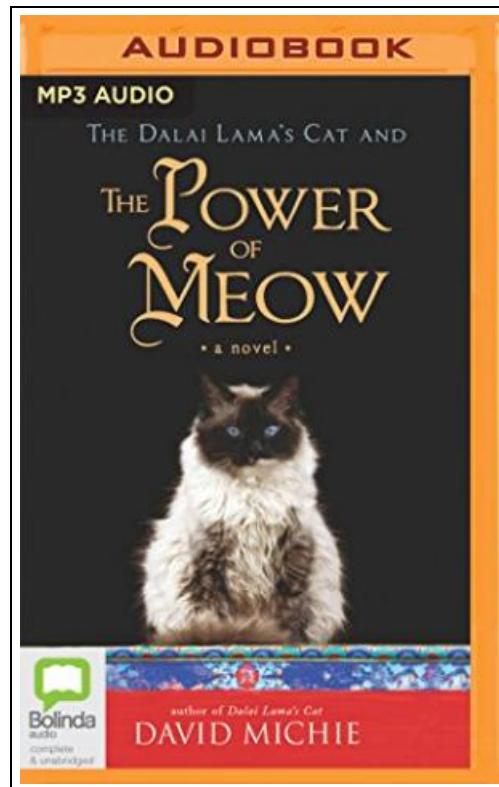


The Dalai Lama's Cat and the Power of Meow



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Reviews

Excellent e book and beneficial one. It is rally fascinating throgh reading through time period. You are going to like how the author publish this ebook.




(Prof. Triston Smitham V)

THE DALAI LAMA S CAT AND THE POWER OF MEOW



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Bolinda Audio, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In the latest installment of the Dalai Lama s Cat series, His Holiness s Cat (HHC) is on a mission: to think less, to experience more, to live in the moment. She soon learns the proper phrase for this, being mindful, or, a concept better known to her as the power of meow. What ensues is a journey to discover her own true nature, to gain a deeper understanding of her mind, and to experience life s greatest joy, the here and now. Throughout, she shares encounters with familiar inhabitants of Dharamsala, as well as a whole new cast of characters: a senior exec from one of Silicon Valley s most famous social media companies (hint: the name rhymes with litter), the Pope s beloved dog (who shares a shockingly similar title: HHD, His Holiness s Dog), and a public health inspector who threatens to have our poor narrator banned from the Himalaya Book Cafe. In this follow-up to the Dalai Lama s Cat and the Art of Purring, readers escape to the enchanting and exotic world of the Dalai Lama s monastery in the Himalayas, and take a peek inside the mind of a delightfully imperfect creature on the path to enlightenment. By accompanying HHC on her journey, you will learn new ways to relate to your own mind: slowing down, finding peace, and abiding in the boundless radiance and benevolence that is your own true nature.

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