



Play the Game

By Corinne Williams

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Play the Game, Corinne Williams, If Life is a game, then how come I'm not having any fun? "Play the Game" just might be the lost User's Guide to the biggest, most challenging game you ever came to play. It explores Life as the game that usually starts out pretty well, but before you know it, vital pieces have been lost down the back of the sofa, you're scrapping with your best mates over the Free Parking Rule and suddenly it's not as much fun any more. How do you end up in the situations you do? Why are you staggering around with all that heavy baggage that's somehow attached itself to you along the way? In fact, who are you anyway and what are you doing here? In this book, Corrine Williams invites you to become a real player in your own Game of Life. Practical exercises bring you to greater awareness of your own power to create the game you want to play and live in a lighter, more positive and authentic way.

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