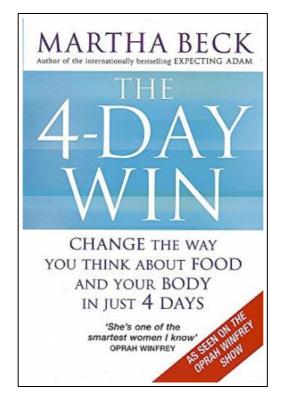
# The 4-Day Win: Change the way you think about food and your body in just 4 days (Paperback)



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