



The Joy Model: A Step-by-Step Guide to Peace, Purpose, and Balance (Paperback)

By Jeff Spadafora

Thomas Nelson Publishers, United States, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Management consultant and Christian life coach Jeff Spadafora provides a blueprint for building a life of greater joy and delivers a plan for frustrated believers to become joyful followers. In The Joy Model Jeff Spadafora lays out a step-by-step path for finding a sense of joy and purpose in everyday life. From creating margin in our schedules that allows us to breathe easier and think more clearly to discovering our true selves and going deeper into our relationships with God and other people, Spadafora shows how the interaction between being and doing provides the key to opening up a life full of joy, purpose, and fulfillment. Drawing on his years as both a successful businessman and a Christian life coach, Spadafora has developed a concrete, practical model to show the path from joyless to joyful. And in this revolutionary new book, he reveals how to move from frustration and weary service to an over-arching, all-pervading joy in life. Filled with practical application and grounded in scripture, The Joy Model is a course-altering book on how to discover lasting joy. --PETER GREER, president and CEO of HOPE...



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