# Making Informed Decisions on Childbirth: One Scientist s International Perspective (Paperback)



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### Reviews

A whole new e book with an all new point of view. It is one of the most incredible book i actually have go through. I am easily could possibly get a enjoyment of reading through a written book. (Nathanael Treutel)

# MAKING INFORMED DECISIONS ON CHILDBIRTH: ONE SCIENTIST S INTERNATIONAL PERSPECTIVE (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This well-researched and accessible book on childbirth and earliest newborn care is aimed at expecting parents who are preparing mentally, emotionally and psychologically for the biggest change in their life. Rather than convincing readers of the author s personal right (or wrong) way of doing things, the book aims to bring awareness of the issues that might come up during pregnancy and childbirth, open up the discussion and provide some tools of investigation. Woven together with stories from personal experiences in the U.K., France and Belgium as well as from those of an international group of friends (from the U.S., Canada, Ireland, the Netherlands, etc.) the author presents arguments and scientific research independent from current medical practices of any specific country. Despite the technicality of some of the subjects broached, the information is presented in an entertaining, supportive and above all easily understandable way. Two case studies of hospital births are discussed at length and medical practices are judged against the most recent medical research and guidelines. This book is different from many natural childbirth books because it doesn t close its eyes to the potential dangers of childbirth. Comparing childbirth practices and statistics in different countries is one of the best ways to open readers minds to the fact that obstetric medicine is not an exact science and to show that readers should do their own research instead of blindly following medical authority and the recommendations of their particular midwife or obstetrician. By example, the author also aims to empower non-specialists to do their own research, find their voice in dealing with medical staff, demand respect, and gain trust in their own abilities. Birth professionals who seek to inform themselves...

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