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# LOW-FAT PASTA



Anness Publishing. Hardback Book Condition: new. BRAND NEW, Low-Fat Pasta, Valerie Ferguson, Enjoy Italy's most famous food in recipes that won't affect your waistline. This is a stunning collection of more than 30 authentic dishes using healthy, seasonal produce. It features lowfat versions of classic recipes, including Lentil & Pasta Soup, Spaghetti with Clam Sauce, Lasagne, and Pasta with Pesto Sauce. It includes recipes for all occasions, from quick midweek lunches and suppers to more elaborate creations to serve at...

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- Authored by Valerie Ferguson
- Released at -



#### Reviews

It is really an awesome ebook that we actually have actually study. It can be loaded with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

#### -- Mr. Coleman Ortiz

Extensive manual! Its this kind of very good read through. I actually have read and that i am confident that i am going to planning to study once again once more in the future. I am easily could possibly get a delight of looking at a composed publication. -- Ryder Purdy

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