



Getting to 30: A Parents Guide to the 20-Something Years

By Jeffrey Jensen Arnett Ph.D.

Algonquin Books (division of Workman). Paperback. Condition: New. 320 pages. Its the parenting guide for parents who thought they no longer needed one for parents who worry as their 20-something kids struggle to grow up; who are saving for retirement but now have to reopen the bank of Mom and Dad; who look forward to downsizing but have a boomerang child living at home again. And its the parenting guide that says its all going to be OK just step back but stay connected, and dont forget to take care of yourself. Kids may be taking longer to graduate from college, start a career, marry, have children, but its natural. Just as scientists a century ago discovered a new phase in life called adolescence, theres now another developmental stage, emerging adulthood. According to Dr. Jeffrey Arnett, the worlds leading authority on emerging adults, and his coauthor, Elizabeth Fishel, author of Sisters and mother of two 20-something sons, the time spent in emerging adulthood actually helps kids become happier, healthier grown-ups. When Will My Grown-Up Kid Grow Up covers every aspect of life for an 18- to 29-year-old, from that first taste of independence at college to that time at the end of...



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