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The Undivided Soul

By Cheryl Kirk-Duggan

Abingdon Press. Paperback. Book Condition: New. Paperback. 212 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. In *The Undivided Soul: Helping Congregations Connect Body and Spirit*, Cheryl Kirk-Duggan offers a worship, study, and sermon planning resource containing meditations, responsive readings, poems, and prayers for use by pastors, educators, and small-group leaders. This volume is designed as a teaching/learning guide. Each chapter explores various aspects of faith, health, and spirituality. The book can be used as a worship resource for Sunday worship, retreats, or other gatherings; it can be used as a devotional resource for small groups; it can be a study guide for group study or retreats. This resource is designed to help persons and groups explore the relationship between the faith journey, physical bodies, and spiritual discipline. **Key Features:** Explores various aspects of faith, health, and spirituality as well as how the three are connected. Provides ready-made worship and study materials. Includes ideas for one-day seminars. Ideal for both pastors and small-group leaders. **Key Benefits:** Helps readers understand the relationship between faith journey, physical body, and spiritual discipline. Provides pastors, worship leaders, Bible study leaders, and small-group leaders with ready-to-use resources (such as responsive readings, meditations, prayers, and vows of commitment)...



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