



## John Woodens UCLA Offense

By John Wooden

Human Kinetics Publishers. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 9.9in. x 6.9in. x 0.8in. John Woodens legacy as the best basketball coach of all time results not only from his unparalleled championship-winning record but also from his brilliance as a tactician and teacher. In John Woodens UCLA Offense, Coach Wooden reconfirms his instructional genius in an unprecedented inside look at the offensive system that made his teams impossible to defend, including many never-before-published play options and insights. This richly detailed book and DVD presentation features the famous high-post and high-low attacks, many special play options, sideline and under-the-basket in-bound plays, and press-breaking tactics. This package gives you much more than just the standard Xs and Os. Youll gain insights on each facet of offensive play, the fundamentals for success as an individual and team on the offensive end, and the strategic nuances and teaching points that result in consistent, precise execution. Featuring principles used in todays popular motion and triangle offenses, John Woodens UCLA Offense is still as potent and unstoppable today as it was during the Bruins dynasty years. Whether you wish to add only certain options and plays, or want to incorporate the entire package into your...



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