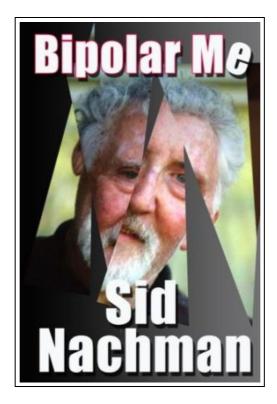
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Sidney Nachman, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Follow my 82-year old fight with depression, bipolar, dyslexia and stuttering at a time when doctors knew nothing about chemical imbalances in the brain. Watch me stumble blindly into lithium much before it was approved as a drug in America. Take a ride into my unfettered bipolar mind as far back as I can remember until my hair turns white and it s real hard to pee. See my world in black and white and vivid color. Feel what I feel when I feel like I weigh three thousand pounds and a minute later I can leap over tall buildings. Share a life gone wild that settles down when it s almost too late. PS. I still feel I m ten years old inside. I don t ever want that to change. A sample of this book as well as short stories in my other book, Strictly for Seniors is available at.



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