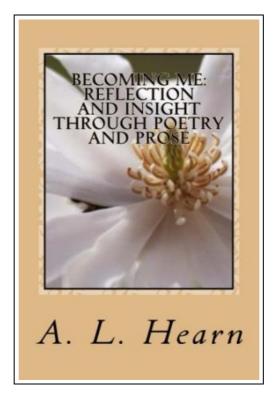
Becoming Me - Reflection and Insight Through Poetry and Prose: Becoming Me - Reflection and Insight Through Poetry and Prose (Paperback)



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Reviews

This book is really gripping and fascinating. Of course, it is actually play, nonetheless an interesting and amazing literature. You will not feel monotony at anytime of the time (that's what catalogs are for about if you request me). (Delbert Gleason)

BECOMING ME - REFLECTION AND INSIGHT THROUGH POETRY AND PROSE: BECOMING ME - REFLECTION AND INSIGHT THROUGH POETRY AND PROSE (PAPERBACK)



Dreamscribe Publications, LLC, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand ******. Becoming Me: Reflection and Insight Through Poetry and Prose is a book of 40 original works of poetry by writer, poet, and budding therapist A. L. Hearn. As she embarks on a new chapter in life, launching her career, and following her dreams as both a writer and therapist, she has merged both worlds into a body of work that blends personal growth, insight, and reflection. Within this book, A. L. Hearn shares her insight and emotions with readers through the poems which are creative pieces based on her perspectives. She is transparent and fully opens herself up to the readers in each piece. Each poem is indicative of a naive yielding to the human experience through each line and verse. While evoking a sense of vulnerability by expressing her own personal experiences, the hope is that, through this book, readers will connect with each piece as they also reflect on their subjective experiences. Through this project, A. L. Hearn emphasizes within the reflections, how important it is that the reader makes his or her own interpretations. By doing so, we can gain a fresh perspective on our varied degree of life circumstances. Furthermore, as we each share our experiences, we can learn and gain insight from each other. No matter whether the subject is love, self-awareness, consciousness, personal growth, spirituality, motherhood, or even expressions of honor to the ancestors, the poems in this book are quite telling through their descriptions of experience and are exemplary of life s fullness and its opportunities for growth through ups and downs by way of in-depth reflection and insight. Each piece in Becoming Me: Reflection and Insight Through Poetry and Prose, lends an uplifting...

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