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## Fragile: The True Story of My Lifelong Battle With Anorexia

By Nikki Grahame

John Blake Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Fragile: The True Story of My Lifelong Battle With Anorexia, Nikki Grahame, Say the name Nikki Grahame and most people will remember the bubbly, highly strung and hugely entertaining Big Brother 7 contestant. Since leaving the Big Brother house, she has forged a successful career for herself in presenting and writing. Yet Nikki isn't just another reality television contestant and her life story is not like any other you will ever read. From the age of eight until she was nineteen. Nikki battled anorexia nervosa but few cases have been quite as extreme as hers. Aged just eight and weighing just under three stone, Nikki was diagnosed as anorexic. For the next eight years, she was in and out of institutions - eleven in total - during which time she attempted suicide twice and had to be sedated up to four times a day so that she could be force-fed. At one point, she was sedated for fourteen days while doctors sewed a tube into her stomach, through which she was fed to get her weight out of the critical range. The lengths that she went to in order to...

### Reviews

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