



## Emotional Intelligence: A Psychologist's Guide to Master the Emotional Tools and Self-Awareness Skills for Success - Why Eq Beats IQ in Life (Paperback)

By Katherine Chambers

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Most people only ever rely on their conventional intelligence (IQ) to get them by in life, or worse believe it to be the best indicator for progression and success. For years this was thought to be the case, that IQ was the most accurate predictor of a person's potential. Whether it's getting a leg up in your career or simply building better relationships in business/family life. However that is no longer the case, it's now commonly known that Emotional Intelligence (EQ) has the biggest impact here. But most people aren't equipped with the internal and external emotional assessment tools to really get ahead. Katherine Chambers is an Ex Stanford Psychologist who specializes in all forms neuroscientific and psychotherapy subjects. However it wasn't until she left college life and entered the real world did she start to understand these theoretical topics in a practical sense. Over the past 15 years she has built a multi-six figure consulting business and a family of her own. But there is one element she attributes a large part of this success to, developing...



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