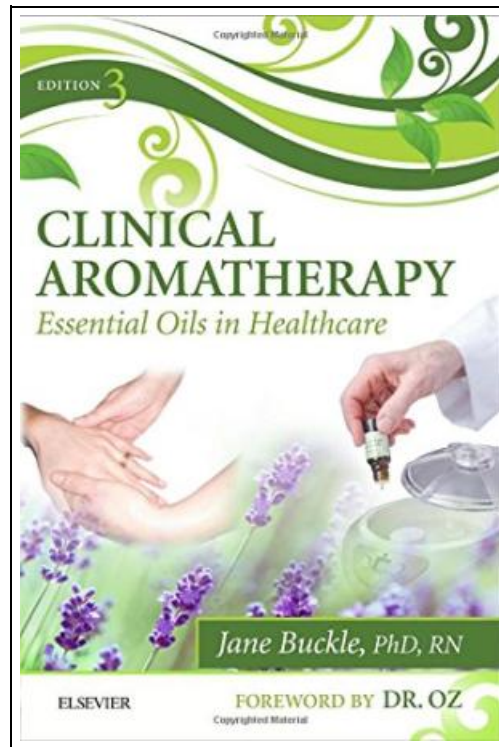


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Elsevier Health Sciences, United Kingdom, 2015. Paperback. Condition: New. 3rd Revised edition. Language: English . Brand New Book. Aromatherapy is one of the main complementary therapies to be practiced by nurses and other health care professionals in hospital, hospice and community settings. Written by a nurse, this clinical text highlights how aromatherapy can enhance care and the role of the healthcare professional. It examines key facts and issues in aromatherapy practice, and applies these within a variety of contexts and conditions, taking a carefully holistic approach in dealing with the patient. Expert peer-reviewed information spans the entire book. All chapters have been written by a PhD nurse with post-doctoral training in research and then peer reviewed by named experts in their field. Introduction to the principles and practice of aromatherapy covers contraindications, toxicity, safe applications, and more. Descriptions of real-world applications illustrate how aromatherapy works in various clinical specialties. Coverage of aromatherapy in psychiatric nursing provides important information on depression, psychosis, bipolar, compulsive addictive, addiction and withdrawal. In-depth clinical section deals with the management of common problems, such as infection and pain, that may frequently be encountered on the job. Examples of specific oils in specific treatments helps readers directly apply book content to everyday practice. Evidence-based content draws from thousands of references. NEW! First and only totally peer-reviewed, evidence-based, clinical aromatherapy book in the world. NEW Chapter on integrative Healthcare documenting how clinical aromatherapy has been integrated into hospitals and healthcare in USA, UK and elsewhere. NEW Chapter on the M Technique: the highly successful method of gentle structured touch pioneered by Jane Buckle that is used in hospitals worldwide. All chapters updated with substantial additional references and tables.



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