



Devotions for Runners (Paperback)

By MR Cecil Murphey

Tka Distribution, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.You ve begun running and it s a wonderful form of exercise. It may even be your preferred method of relaxation. But did you know you could also build your Christian muscles as you tone your body? In the years since the author began running, he has discovered that his commitment to the sport as well as such setbacks as hitting the wall all share correlations with his own Christ-centered life. And in Devotions for Running he wants to share those revelations with you. This six-week devotional will translate the runner s vocabulary into Christian terms that will resonate with both the dedicated runner and recreational jogger. And if you are a Christian who is thinking about running, this may just help make up your mind to get out there and strengthen both your body and soul.



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