



Focus: Sharpen Your Focus, Become Unstoppable and Build Your Dream Life Now! (Paperback)

By Michael T Robbins

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Would You Like To Learn To Focus, Become Unstoppable And Easily Create The Lifestyle Of Your Dreams? I m going to show you how everyday distractions keep you from living the life you want to live. Learning to focus the right way can completely change everything. You really can live out all your dreams if you apply a little focus! How many times per day do you catch yourself distracted? If you really think about it I m sure you ll realize it s too many to count--if you re like most of us. It may be Youtube videos, emails, phone calls, advertising or a million other things. The point is. We Are Surrounded By Distractions Everywhere! Everywhere we look there is someone or something trying to attract our attention even if just for a few seconds. It s an epidemic and it s more serious than you may think! We ve lost our ability to focus. We ve become unproductive because we can t concentrate on anything for long enough to go after our dreams. This causes anxiety...



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Reviews

Very helpful to all of group of men and women. It can be written in easy terms instead of confusing. You will like how the writer write this book.
-- **Dr. Daren Mitchell PhD**

This pdf is so gripping and fascinating. It really is rally intriguing throug looking at period of time. I am pleased to tell you that this is basically the very best publication we have go through within my personal lifestyle and might be he very best ebook for ever.
-- **Eleonore Muller DVM**