



The Tao of Sailing (Paperback)

By Ray Grigg

Humanics Ltd, United States, 2010. Paperback. Condition: New. Language: Italian . Brand New Book ***** Print on Demand *****.Synopsis A sailboat tossed about on rough seas will struggle to find a smooth course, balancing itself through wind and water. The human experience is a succession of balancing maneuvers as we resolve conflicts, find love, and merely exist from day to day. Grigg shows one how to be like a sailboat -- steady, adaptable, serene, and powerful. Publishers Weekly According to the introduction, this book is an attempt to represent the connection between the Western activity of sailing and the Eastern philosophy of Taoism, and in doing so prescribe a metaphor for a way of living. Grigg (The Tao of Relationships) tries earnestly, in more than 130 prose poems, to provide readers with a method for achieving a stable inner peace amidst the disorder of a constantly changing universe. Unfortunately, his language is numbingly bland and the philosophical concepts he espouses are painfully banal. This collection, based on Lao Tzu s Tao Te Ching, created in the sixth century B.C., is written in such overwhelmingly abstract terms--like wholeness, emptiness, stillness, whatness, thatness --that the more concrete theme of sailing...



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Reviews

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