



Ketogenic Diet: Eat Bacon - Lose Weight. 30 Super Satisfying Low Carb High Fat Recipes for Rapid Weight Loss + 5 Keto Desserts.: (Ketogenic Diet, Ketogenic Diet for Weight Loss, Ketogenic Recipes)

By Pamela Baker

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Ketogenic Diet: Eat Bacon - Lose Weight. 30 Super Satisfying Low Carb High Fat Recipes For Rapid Weight Loss + 5 Keto Desserts. This is a great cookbook that is full of great tasting healthy recipes that are going to help you to lose weight fast. You will not feel like you are dieting at all when you see the recipes that you will be indulging that are in this cookbook. You will enjoy these diet recipes because they will not make you feel deprived in anyway. You are going to enjoy and feel satisfied with the meals that you will be eating from this fantastic collection of ketogenic recipes. There is also 10 bonus ketogenic desert recipes included, this is just a way of saying thanks for downloading my book. Why you should download this book. If you are truly interested in making some positive changes in your diet, then using this cookbook will help to guide you in making sure that you are choosing your meals from a good diet selection. The meals that are offered...



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