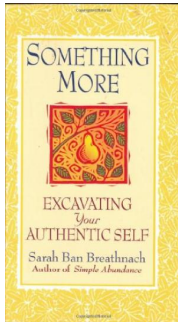


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SOMETHING MORE: EXCAVATING YOUR AUTHENTIC SELF



Warner Books, Boston, Massachusetts, U.S.A., 1998. Hardcover. Book Condition: New. 352 pages. Book Description: No matter how spectacular their lives may be, women today are plagued by the nagging feeling that there must be something more to happiness. And they're right. In this insightful and eloquent book, Sarah Ban Breathnach explores the nine stages necessary to living authentically: Sensing, Surviving, Settling, Stumbling, Selling Out, Starting Over, Searching, Striving, and finally, Something More. Through storytelling and interpretation, she leads women on..

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- Authored by Ban Breathnach, Sarah, and McBain, Ed
- Released at 1998



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Reviews

Simply no terms to explain. I am quite late in start reading this one, but better then never its been written in an remarkably easy way and is particularly merely soon after i finished reading this book where basically changed me, affect the way i really believe.

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