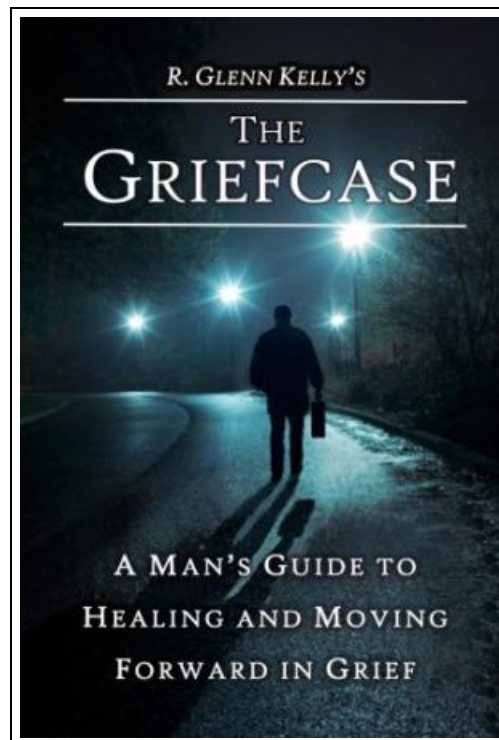


The Griefcase: A Man s Guide to Healing and Moving Forward in Grief (Paperback)



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Reviews

Extensive information! Its this sort of great read through. It is amongst the most incredible book i have go through. I realized this publication from my i and dad suggested this book to understand.
(Prof. Devon Bernhard PhD)

THE GRIEFCASE: A MAN S GUIDE TO HEALING AND MOVING FORWARD IN GRIEF (PAPERBACK)



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Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You are Grieved. That is why you are here. You are a fellow member in the club no one wants to belong to. You have lost someone you love and are trying to discover how to move forward, and possibly, who you are now. The Griefcase will help you do just that. Jason was handed his Griefcase, against his will, when his sixteen-year-old son died in a horrible car accident. His Griefcase was given to him by someone he didn t even know at the time, but Jason instantly understood he would carry it with him until the day he left this world behind. It was a heavy Griefcase, and so burdensome. It impacted Jason s life in every way, be it work, social events, and even at home. If he tried to move, it would hold him back, tripped him up, and was such an anchor on his life that it often frightened him. When he dared overcome his fears and look inside the Griefcase, he just wanted to slam the lid closed again. He saw a disorganized pile of manila folders strewn across the bottom of the case, each one labeled with different emotions, like shock, anger, guilt, and disbelief. Although he knew in his very soul he should face the contents inside, the confusion blocked out the solution for processing his grief. Come inside The Griefcase and learn the methods for sorting through the folders of corrosive emotions, and how to lighten your Griefcase so it becomes a cherished container of your loved one. You might be surprised to find out that when the Griefcase is lighter, there is room inside to toss in a pair of flip-flops...



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