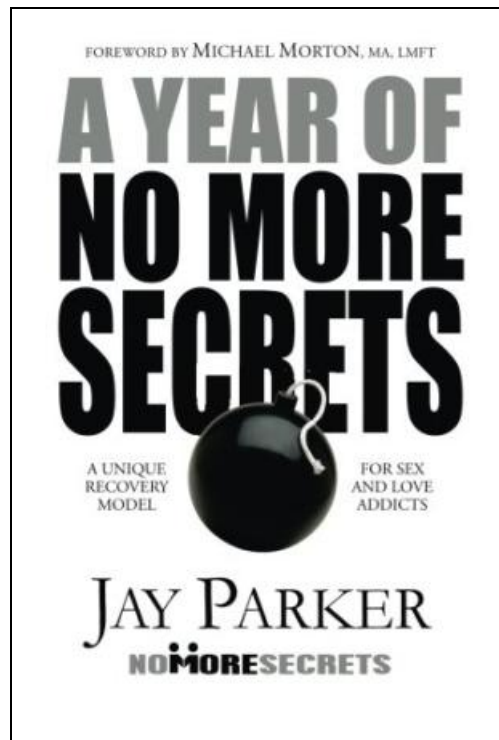


## A Year of No More Secrets: A Unique Recovery Model for Sex and Love Addicts



Filesize: 8.24 MB

### **Reviews**

*Extensive information! Its this sort of great read through. It is amongst the most incredible book i have go through. I realized this publication from my i and dad suggested this book to understand.*  
*(Prof. Devon Bernhard PhD)*

## A YEAR OF NO MORE SECRETS: A UNIQUE RECOVERY MODEL FOR SEX AND LOVE ADDICTS



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sex and love addiction blows up lives in brutal ways, but there is hope for recovery for those who seek it. Jay Parker, professional Recovery Coach and founder of No More Secrets, provides a look inside a very unique approach to recovery with powerful stories of heartbreak, betrayal, hard work, forgiveness and restoration. Jay shares experiences and observations that are surprising, poignant, encouraging and inspiring. Jay Parker takes us on a journey that is enlightening, inspirational and highly informative. His contribution in the field of sex and love addiction is the most cutting edge work I ve seen to date. It is a must read for anyone dealing with the effects of this pervasive addiction and any clinician treating these individuals! - Rokelle Lerner, Clinical Director of InnerPath Retreats, Cottonwood Tucson, Author of: The Object of My Affection is in My Reflection: Coping With Narcissists, Daily Affirmations for Adult Children of Alcoholics, Affirmations for the Inner Child and Living in the Comfort Zone: The Gift of Boundaries in Relationship. Let s thank Jay Parker and his forward thinking in recovery for writing a diary of a year s accounting of what actually happens while people are getting help versus just telling a story about what s on the other side. We can begin to learn to shed our secrets and get clear and deeper as we go into sobriety. It s a must read! - John Lucas, former NBA All-Star and NBA Coach, Author of Winning One Day At a Time. This is a book that is hard to put down! It reveals a revolutionary way for sex and love addicts to recover. It is filled with stories...



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