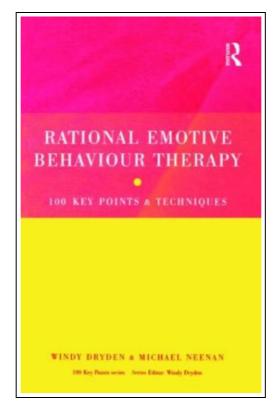
## Rational Emotive Behaviour Therapy: 100 Key Points and Techniques



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