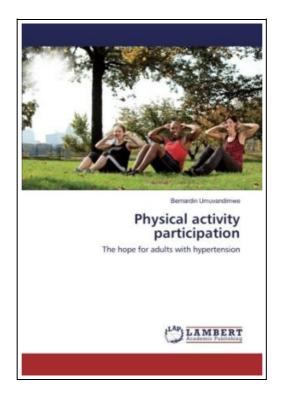
Physical activity participation



Filesize: 7.06 MB

Reviews

This publication is indeed gripping and exciting. I could comprehended almost everything using this composed e publication. I am easily could possibly get a delight of looking at a composed pdf. (Lynn Lindgren)

PHYSICAL ACTIVITY PARTICIPATION



Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | The hope for adults with hypertension | Hypertension is one of the most common non-communicable diseases, and it is the leading cause of cardiovascular diseases, death and disability worldwide. Physical activity has been regarded as a commonly accepted modality for preventing and treating hypertension. However, despite its known benefits, this modality of treatment and prevention of hypertension continues to be underused. The findings of the present study highlight the need for the implementation of health promotion strategies aimed at promoting physical activity lifestyle among individuals with hypertension. General population and particularly people with hypertension, should be encouraged and motivated to participate in physical activity. Efforts should be made in educating people with hypertension on the benefits of integrating regular physical activity in their lives. Furthermore, healthcare professionals should be educated concerning how to promote physical activity to all patients especially those with hypertension. It is more valuable to have clarity on how physical activity is as important as pharmacologic intervention for many medical conditions. | Format: Paperback | Language/Sprache: english | 132 pp.

- Read Physical activity participation Online
 - Download PDF Physical activity participation

Relevant PDFs



9787538661545 the new thinking extracurricular required reading series 100 - fell in love with the language: interesting language story(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2012-04-01 Pages: 174 Publisher: Jilin Fine Arts Publishing House title: New...

Read Book »



It is a Din: Set 01-02 : Alphablocks

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, It is a Din: Set 01-02: Alphablocks, Joe Elliot, This title is part of Phonics Bug - the first synthetic phonics programme to bring together...

Read Book »



Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet

14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. Have you ever told a little white lie? Or maybe a...

Read Book »



Because It Is Bitter, and Because It Is My Heart (Plume)

Plume. PAPERBACK. Book Condition: New. 0452265819 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy-I ship FAST with...

Read Book »



Read Write Inc. Phonics: Purple Set 2 Non-Fiction 4 What is it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 215 x 108 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

Read Book >