



## Introduction to Tantra and Sacred Sexuality

By Michael Mirdad

Grail Productions, Inc. Paperback. Book Condition: new. BRAND NEW, Introduction to Tantra and Sacred Sexuality, Michael Mirdad, "An Introduction to Tantra and Sacred Sexuality" offers insights into how to awaken and experience your sensual self, moment-by-moment. This book is exciting and enticing, as well as, powerful and healing. You do not have to be in a relationship to enjoy, explore, and apply sacred sexuality. Sacred sexuality opens you to experiencing levels of ecstatic bliss and unconditional love and, most importantly, bringing these experiences into your daily life. Ultimately, it opens you to living bliss, not just feeling it. This ecstatic vibration translates into consistently feeling unconditional love for all people and things. Michael Mirdad wisely integrates both Tantric and Taoist perspectives and practices in the loving, passionate, and respectful framework of sacred sexuality.

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