



The Healthy Smoker: How to Quit Smoking by Becoming Healthier First

By Charles K. Bens

Charles K. Bens. Paperback. Condition: New. 198 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. Japanese men smoke twice as much as American men and yet have half the cancer rate. Wouldnt you like to know how this is possible Smoking continues to be the number one preventable health risk in America causing more heart disease and cancer death rates than any other contributing factor. Employers continue to lose billions of dollars every year because the current smoking cessation programs only have a 10 success rate. Now, for the first time, this puzzle about how to quit smoking has been solved in a new book entitled The Healthy Smoker: How to Quit Smoking By Becoming Healthier First. Doctors and health experts across the country are embracing the program outlined in this easy to read book, which can achieve phenomenal success rates for any group of employees who smoke. Volume discounts available. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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