



## Expectant: First Time Mom Pregnancy Guide (Paperback)

By My Ebook Publishing House

SC Active Business Development Srl, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Be Prepared To Enjoy Motherhood! This is the most comprehensive pregnancy manual on the market. Becoming a new mom can be scary. I mean, who is really, truly prepared when they become a parent for the first time? With this new book, you can be! Learn how you will need to change your priorities to become a mother and be the best one you can be, A new baby is a huge responsibility but you can and should enjoy the life you re bringing into the world! Every pregnant (or planning to get pregnant) woman should read this helpful guide to being a first time mother. Don t be stressed. Be prepared! Here Is A Preview Of What You ll Learn. - the symptoms of birth: the first ten signs telling you could be pregnant - the ovulation - the baby s sex - what you should eat during the pregnancy? - needs, cravings and diet contains - how much more should weight a woman when she is pregnant? - exercises during the pregnancy - pets and pregnancy - pregnancy...



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