



Pain: Back Pain, Arthritis, Migraines, Joint Pain and More

By Adam Perlman, Roanne Weisman

Health Communications. Paperback / softback. Book Condition: new. BRAND NEW, Pain: Back Pain, Arthritis, Migraines, Joint Pain and More, Adam Perlman, Roanne Weisman, The best of alternative and conventional medicine in an easy-to-use, easy-to-understand, low-priced format. You don't have to be at the mercy of your discomfort. You don't have to try to work the system or worry about untested alternative treatments. You can own your health and take control of your condition by understanding the most proven and reliable treatments from both alternative and conventional medicine. The Own Your Health series shares the expertise of top doctors who understand the balance between traditional and alternative care. The easy-to-follow format includes checklists, action plans, inspirational anecdotes and prescriptive sidebars.



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