



## The Art of Divine Meditation

By Bishop Joseph Hall

Sovereign Grace Publishers Inc. Paperback. Book Condition: New. Paperback. 80 pages. Dimensions: 8.9in. x 5.8in. x 0.3in. I suppose that it is profitable, rather than bold, for me to endeavor to teach the art of meditation. It is as heavenly a business as any that belongs to either men or Christians. And it is such a heavenly business as does unspeakably benefit the soul. For it is by meditation that we ransack our deep and false hearts, find out our secret enemies, come to grips with them, expel them, and arm ourselves against their re-entrance. By meditation we make use of all good means, fit ourselves for all good duties. By meditation we see our weaknesses, obtain redress, prevent temptations, cheer up our loneliness, temper our occasions of delight, get more light unto our knowledge, add more heat to our affections, put more life into our devotions. It is only by meditation that we are able to be strangers upon the earth (as we are commanded to be), and by this we are brought to a right estimation of all earthly things, finally into a sweet enjoyment of invisible comforts. It is by meditation that we see our Saviour, as Stephen...

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