



Soups: Quick and easy soups for every season (Paperback)

By Anna Helm Baxter

Hardie Grant Books (UK), United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Not only are soups easy to make and great for using up leftovers, but they are also sophisticated and delicious meals in themselves. Soups is packed full of inventive and tasty recipes perfect for all occasions and suited to all the seasons, with over 80 flavours and combinations to try. You will find lots of inspiration to create a healthy, nutritious, filling meal for the whole family; an impressive dinner party dish; or a comforting lunch for a cold winter's day. Chapters cover Pureed; Stock-Based; Chilled; Hearty; and Toppers Toasts, with an introduction on essential soup know-how and how to create your own soup flavours. Even covering toppings and delicious additions to your soups, such as spicy oils, seeded cheesy croutons, chorizo crumbs and citrus and herb creme fraiche, this book will take your soups to new heights. From your classic carrot and coriander and broccoli and stilton, to exciting flavour combinations such as a corn squash and vanilla; favourites such as Miso; healthy options like the slimming watercress soup; and hearty meals such as shortcut bouillabaisse or coconut dhal - you will never look at soups in the same way again!



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