



5 Steps to Maintain Good Health and Beauty: Do You Want to be Healthy and Beautiful?

By Anjali Arora

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, 5 Steps to Maintain Good Health and Beauty: Do You Want to be Healthy and Beautiful?, Anjali Arora, Both health and beauty are an integral part of a perfect personality. This book is a complete guide to perfect health and beauty. It gives a detailed account of the anatomy of the skin, discusses various common skin problems like acne and pimples and provides solutions to make your skin supple and healthy. It also tackles other health and beauty problems.



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