



## Invisible Girl (Hardback)

By Mariel Hemingway

Regan Arts, United States, 2015. Hardback. Condition: New. Language: English . Brand New Book. What is it like to be a teen with depressed addicts for parents, a mentally ill sister, and a grandfather who killed himself? In this moving, compelling diary, Mariel Hemingway writes as her teen self to share her pain, heartache, and coping strategies with young readers. I open my eyes. The room is dark. I hear yelling, smashed plates, and wish it was all a terrible dream. Welcome to Mariel Hemingway's intimate diary of her years as a girl and teen. In this deeply moving, searingly honest young adult memoir, actress and mental health icon Mariel Hemingway shares in candid detail the story of her troubled childhood in a famous family haunted by depression, alcoholism, mental illness, and suicide. Born just a few months after her grandfather, Ernest Hemingway, shot himself, Mariel's mission as a girl was to escape the desperate cycles of debilitating mental health that had plagued generations of her family. In a voice that speaks to young readers everywhere, she recounts her childhood growing up in a family tortured by alcoholism (both parents), depression (her sister Margaux), suicide (her grandfather and...



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