



Wordfood: How We Feed or Starve Our Relationships

By Julia E Hubbel

The Hubbel Group Inc. Paperback. Condition: New. 232 pages. Dimensions: 8.9in. x 6.0in. x 0.7in. WordFood is the diet of language that nurtures ourselves and others every day. Learn how the words you choose affect all the people in your life: your spouse, children, friends, coworkers, customers, clients, and even strangers. You'll learn how to fix broken relationships, achieve greater intimacy and influence, avoid misunderstandings and arguments. Leave everyone you meet feeling nourished and encouraged. Julia Hubbel is a lifelong student of the power of words. A professional speaker since 1984, she's a prize-winning journalist, poet and world traveler. Through stories and examples, the use of the WordFood Pyramid and the seven WordFood Diets, you'll learn how words can be transformative in every relationship in our lives. You'll find out how you can develop greater skills and word power in every aspect of your life, to leave people graced. Beginning with your relationship with yourself, you'll begin the journey of developing a new kind of self talk which will translate into a wholly different kind of conversation with everyone else in your life. Start that journey now. Discover the wonder of WordFood today. This item ships from multiple locations. Your book...



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This book is fantastic. It really is packed with wisdom and knowledge I am pleased to explain how this is the greatest ebook I actually have gone through in my personal daily life and can be the greatest ebook for at any time.

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