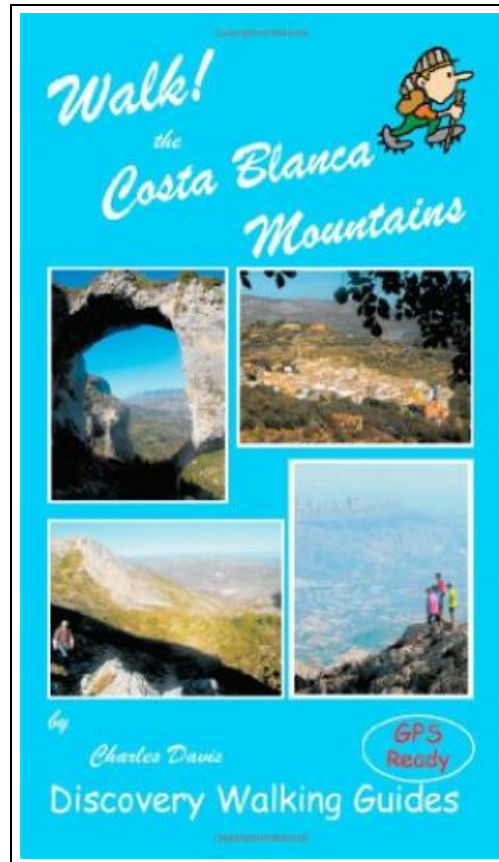


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WALK! THE COSTA BLANCA MOUNTAINS (PAPERBACK)



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Discovery Walking Guides Ltd, United Kingdom, 2012. Paperback. Condition: New. David Brawn (illustrator). Language: English . Brand New Book. Walk! Costa Blanca Mountains includes 37 fully detailed walking route itineraries. Each walking route itinerary includes:- - walking route summary - ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo risk - fully detailed walk description, including frequent timings to aid navigation and check your progress - GPS Waypoints at every key point on every route where there is good gps reception - full colour 1:40,000 scale map of the route - short walk and stroll alternatives There are some easy routes. There are some challenging routes for fit experts. With Charles Davis excellent walk descriptions you ll know which routes are for you - and all of them are a true adventure. Contents The Author INTRODUCTION: Climbing Into Cliche; a Better Costa Blanca The Terrain, Castles, Arcs Karst , Pathways to Pleasure, Valls Sierras Using GPS in the Costa Blanca Symbols Rating Guide Map Information THE WALKS. SIERRAS 1 Xalo: PR7 Serra de Bernia 3 walker, 2.5 hrs, 7.9 km, ascents descents 260 metres (circular). 2 Polop: Monte Ponoig 4 hrs, 9.3 km, ascents descents 770 metres (linear) 3 Finestrat: Puig Campana 4 hrs, 10.1 km, ascents descents 1020 metres, vertigo warning (circular). 4 Finestrat: Barranc de Sacarest 3 hours, 10.2 km, ascents descents 545 metres (circular). 5 Sella: SL112 La Ruta del Agua 1.5 hrs, 6.3 km, ascents descents 200 metres (circular). 6 Sella: Barrancs del Xarquer and Arc 3.75 hours, 13 km, ascents descents 400 metres (circular). 7 Confrides: Castell de Confrides 1 hr, 3.2 km, ascents descents 130 metres (linear or circular). 8 Confrides: Cumbre de Aitana from Font de l Arbre 3 hrs, 11 km, ascents descents 450 metres (circular). 9 Benifato: Cumbre de Aitana from...



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