



## Children with Multiple Mental Health Challenges: An Integrated Approach to Intervention

By Sarah Landy, Susan J. Bradley

Springer Publishing Co Inc. Paperback. Book Condition: new. BRAND NEW, Children with Multiple Mental Health Challenges: An Integrated Approach to Intervention, Sarah Landy, Susan J. Bradley, Mental health practitioners who work with children are often confronted with complex, difficult-to-treat mental health issues that do not respond to conventional methods of psychotherapy. These children have a web of multiple impairments that are comprised not just of emotional and behavioral issues but also learning and other cognitive disorders. with Multi-Challenged Children presents an innovative, evidence-based approach to understanding and treating this difficult population that integrates the child's development and functioning into diagnosis and treatment. It does not rely on diagnostic categories alone, but explores the functioning of children in several dimensions of development and considers multiple levels of influence. This approach focuses on underlying mechanisms that cut across diagnoses such as executive functions and emotion regulations. The book builds on an individualized, integrated approach to present a variety of evidence-based strategies for working with children with multiple challenges. It considers children from preschool age to adolescence who present with a number of severe difficulties that may include extreme aggression, oppositional defiant behavior, significant anxiety and depression, cognitive and academic challenges, delays in...



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