



La felicidad, día a día

By Grün, Anselm

SALTERRAE, 2010. Condition: Nuevo. Despierta. a una nueva felicidad. Presta atención a la corriente de la vida. Tómate tiempo. El tiempo es vida. Haz una pausa. Lo que anhelas ya está en ti. Danza al ritmo de la canción del silencio. Sosiega tu corazón. Confía en tu amor. La amistad es preciosa. . . . Éstos son algunos de los temas que Anselm Grün te propone para que la felicidad sea posible cada mañana, en cada momento de tu vida. Sólo has de prestar atención para sentirla. Despiértate. En este libro encontrarás la sabiduría que procede de un gran corazón, destilada en los textos más hermosos de Anselm Grün. ANSELM GRÜN, nacido en 1945, monje y administrador de la abadía benedictina de Münsterschwarzach (Alemania), es uno de los autores de espiritualidad cristiana más leídos en la actualidad. Entre sus numerosas publicaciones, figuran en esta misma Editorial El libro del deseo; Un largo y gozoso camino; Elogio del silencio; Benito de Nursia: su mensaje hoy; La oración de cada día; Dirigir con valores; Habitar en la casa del amor; La Navidad, celebración de un nuevo comienzo y La fe como nueva perspectiva.



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