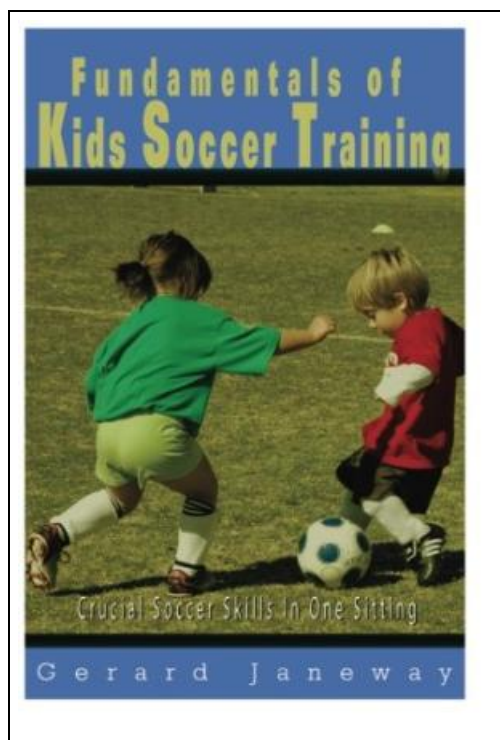


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Reviews

Undoubtedly, this is the best work by any author. It is really simplified but shocks within the 50 % in the publication. Its been written in an extremely straightforward way and is particularly just following i finished reading this publication by which basically altered me, modify the way in my opinion.

(Vivianne Dietrich)

FUNDAMENTALS OF KIDS SOCCER TRAINING: CRUCIAL SOCCER SKILLS IN ONE SITTING (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It is the goal of this book to teach the reader the fundamentals of soccer training especially for children or kids. There are a few differences between the adult and children s soccer and this book is targeted towards the latter. This book can also be an indispensable resource for the novice soccer coaches making the transition from regular to kid s soccer training. One of the differences for example is your restricted to less physical movements. One must also bear in mind that children must do this for fun first and foremost otherwise they might go to hate this sport and avoid training. Intensity of training also cannot be as intense as children in general suffer from attention difficulties and do get bored easily. Needless to say, you need just to be more gentle in general. This book is specifically for the goal of of helping kid kids improve their game performance and help them enjoy the training. Likewise, for the newbie coaches who must learn the fundamentals of kid s soccer training. Here Is A Preview Of What You ll Discover. Introduction Soccer Tips: Blocking Selecting The Right Gloves For Goalkeeping In Soccer Coaching Soccer Soccer Tips: Drills Handling Shin Splints Efficiently Coaching Girls In Soccer Proper Hydration Exploring Different Types Of Soccer Training Camps Exploring The Benefits Of Soccer Training For Children Finishing The Shot Fundamental Skills Required For Soccer Training Speed Soccer Stamina Soccer Dribbling Training Dribbling Abilities Dealing With Head Injuries Important Coaching Accessories For Soccer Training Boosting Speed Soccer Shoes Balls Outfit Shoes Much, much more!!!.



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