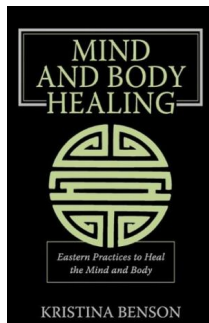


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## MIND AND BODY HEALING: EASTERN PRACTICES TO HEAL THE MIND AND BODY



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