



## The Shaman and Shaman Magic: Neo Shamanism 101: The Way of the Shaman

By Kristina Benson

Equity Press, United States, 2008. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Ultimate Reference Learning Guide for the Beginner Shaman In depth and current overview of the 1st Degree Studies A comprehensive guide for those people who are new to the Shaman Way. Benson s book discusses what Shamanism is and isn t. She touches also on the different types of Shamanism, Neo-Shamanism, the influence of indigenous ways on Shamanism, and the ways in which Christians-and followers of other religions-have viewed this peaceful and oft-misunderstood way of life throughout the ages. The complete beginner will be introduced to what it means to be a Shaman today, and what there is to gain from learning the ways of the ancients. Other topics included in this guide are: Technoshamanism, Rituals, Reiki . Crystals, Stones, and Gems . Trances and Trance States . Why people choose this path and much more.

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