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THE EFFECTS OF SLEEP DEPRIVATION ON DRIVING-RELATED PERFORMANCE



Melinda Jackson
The effects of sleep deprivation on driving-related performance
Simulated driving, neurocognitive functioning and brain activity



Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Simulated driving, neurocognitive functioning and brain activity | Sleepiness contributes up to 30% of all heavy vehicle accidents throughout the world each year. Professional drivers are particularly susceptible to the effects of sleepiness, due to chronic or acute sleep deprivation, time-on-task effects, driving at circadian low points, and increased daytime sleepiness resulting from sleep disorders. Population surveys of heavy vehicle drivers indicates that a small proportion of drivers use pharmaceutical means in..

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