



## Daily Disciplines: 90 Days of Personal Growth (Paperback)

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By Skip Ross

Lost Poet Press, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Daily Disciplines is a simple way to commit to a habit pattern of personal growth. A few minutes a day will make a world of difference in the way that you approach projects, business, relationships, parenting, studying, and life. This book contains 90 days worth of distilled truths to ponder, and leaves each day with a specific question to think about for the day. SKIP ROSS is an internationally sought after speaker and leadership trainer. This book was inspired from Skip's most recent podcast series, Daily Disciplines. He is most well known for his Dynamic Living seminar and his book, Say Yes to your Potential. Skip is founder and director of Circle A Ranch, a summer program designed for helping teenagers to find purpose, inspiration, and motivation. He has recently published the study series THRIVE. More information on this material is available at.

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