



## Understanding Contraception: A Guide for Black Ladies

By Adaeze Ifezulike

Filament Publishing. Paperback. Book Condition: new. BRAND NEW, Understanding Contraception: A Guide for Black Ladies, Adaeze Ifezulike, Based on real-life stories from Dr Adaeze's caseload, this book talks directly to Black women about fertility control and infection prevention. UK statistics show that 10% of women having abortions in 2012 were Black or Black British. Of these women, 49% had experienced one or more previous abortions, the highest of all ethnic groups. Surveys have also found that there is a significantly lower contraceptive use by non-married Black African and Caribbean women compared to white women. However, this book shows them that they can take control of their fertility - and their lives. It delivers the facts of life with warmth, compassion and understanding, and answers the questions that they may have been too scared to ask their doctor.

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